



SOROPTIMIST

Best for Women

## SOROPTINEWS—SI MIDDLETOWN

FEBRUARY 2022

### PRESIDENT GAYLE'S MESSAGE

Wow, as I write this, I am listening to the weather reports of the Winter Storm Watch. We have had such mild weather and little snow, but brrr we may put an end to that soon.

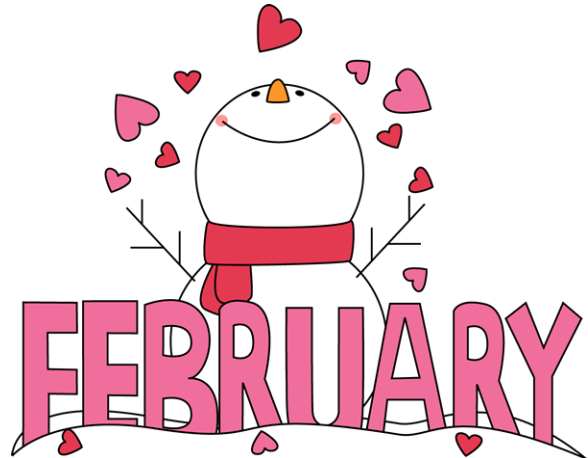
Hope we are all staying warm and healthy. It does look like Covid is on the downward trend and hopefully by April we will be meeting again.

I am excited that we are drawing weekly for our Dream Raffle, and as I write we have 3 winners.

The drawings have been weekly either during meetings or special Zoom drawings. I will continue the Zoom drawings when we are not on meeting weeks. Please join us if possible.

Hopefully everyone has had the chance to look over the PDF Membership I sent out. I have made all changes sent to me and will be completing the update. If you have not sent changes, please do so.

Our February and March meetings will be Zoom.



February is American Heart Month, February 4 is National Wear Red Day. Three things to remember about women and heart disease: Mayo Clinic

1. Symptoms differ between men and women.
2. Know your risk factors (age, sex, high blood pressure and high cholesterol)
3. Be proactive, don't put off health care.

February is also Valentine's Day. Celebrate yourself. Take time to pamper, enjoy, and eat a little chocolate!

See you Zoom Soon!

Hugs!

*Gayle*

## **FEBRUARY INSPIRATION**

Diane

## **FEBRUARY RAFFLE**

None since we're by Zoom

## **FEBRUARY CLUB ANNIVERSARIES**

Betty—1988

## **CALENDAR**

Feb. 2—Groundhog Day

Feb. 3--7:00 Zoom board meeting

Feb. 4—National Wear Red Day

Feb. 10—7:00 Zoom club meeting

Feb. 14—Valentine's Day

March 1—Miami University scholarship applications due to club

March 31—Governor's Club Award form due to Gov. Christine

## **HOPE HOUSE PROJECT**

Ann delivered 12 Welcome Home Bathroom Baskets to Hope House for the women at the Women's Center. Kami Barnes, the volunteer coordinator, again expressed her appreciation to the Middletown Soroptimists for this wonderful program. The residents can earn one of the baskets as a reward for good behavior when they are ready to leave the center.

## **MEMBERSHIP DIRECTORY**

Do any of you have any updates for our membership directory? If so, give them to Elaine or Gayle.

## **SCHOLARSHIP AND AWARDS**

Do you know a woman attending college who could use some extra money for her schooling? Interested women can find writeable applications for our Miami scholarship on our website [www.middletownsoroptimist.org](http://www.middletownsoroptimist.org). This is an easy way for them to get an application. Every year we struggle to find deserving applicants, so please share this information freely.

Beth reports that our Live Your Dream recipient has been selected. She'll report at our Zoom meeting.

## **NEW MEMBER**

We'll have a "get to know you" article about our newest member in the next newsletter.

## **CONTACT US**

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