



SOROPTIMIST
Best for Women

SOROPTINEWS—SI MIDDLETOWN

JANUARY 2022

PRESIDENT GAYLE'S MESSAGE

Happy New Year!

Have a sparkling New Year!

New adventures are around the corner.
Make way for 2022!

We definitely had a successful 2021; our fundraiser is over, and we will be ready to start the drawings real soon! We did end our year on a high note with our annual Christmas Party at Sue and Rick's.

We missed some of you, so in closing I thought I would share this with you. Even though you were not present, you were in our hearts!

Gayle

CALENDAR

January 6— 7:00 Zoom board meeting
& first raffle drawing

January 13—6:30 club meeting.
6:00 social time

January 15—Virginia M. Wagner
applications due to club

March 1—Miami University applications
due to club

March 31—Governor's Club Award form
due to Gov.

JANUARY



JANUARY INSPIRATION

Barb

JANUARY RAFFLE

Diane

JANUARY BIRTHDAYS

January 6—Betty

JANUARY CLUB ANNIVERSARIES

Dee—1998

Beth—1998

Marti—2017

RAFFLE

Gayle will make the first drawing for our raffle at the Zoom board meeting on January 6.

MEMBERSHIP DIRECTORY

Do any of you have any updates for our membership directory? If so, give them to Elaine.

SCHOLARSHIP AND AWARDS

Do you know a woman attending college who could use some extra money for her schooling? Interested women can find writeable applications for the Virginia Wagner Award and our Miami scholarship on our website www.middletownsoroptimist.org. This is an easy way for them to get an application. Every year we struggle to find deserving applicants, so please share this information freely.

Virginia Wagner applications are due January 15.

CONTACT US

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FEBRUARY 2022

PRESIDENT GAYLE'S MESSAGE

Wow, as I write this, I am listening to the weather reports of the Winter Storm Watch. We have had such mild weather and little snow, but brrr we may put an end to that soon.

Hope we are all staying warm and healthy. It does look like Covid is on the downward trend and hopefully by April we will be meeting again.

I am excited that we are drawing weekly for our Dream Raffle, and as I write we have 3 winners.

The drawings have been weekly either during meetings or special Zoom drawings. I will continue the Zoom drawings when we are not on meeting weeks. Please join us if possible.

Hopefully everyone has had the chance to look over the PDF Membership I sent out. I have made all changes sent to me and will be completing the update. If you have not sent changes, please do so.

Our February and March meetings will be Zoom.



February is American Heart Month, February 4 is National Wear Red Day. Three things to remember about women and heart disease: Mayo Clinic

1. Symptoms differ between men and women.
2. Know your risk factors (age, sex, high blood pressure and high cholesterol)
3. Be proactive, don't put off health care.

February is also Valentine's Day. Celebrate yourself. Take time to pamper, enjoy, and eat a little chocolate!

See you Zoom Soon!

Hugs!

Gayle

FEBRUARY INSPIRATION

Diane

FEBRUARY RAFFLE

None since we're by Zoom

FEBRUARY CLUB ANNIVERSARIES

Betty—1988

CALENDAR

Feb. 2—Groundhog Day

Feb. 3--7:00 Zoom board meeting

Feb. 4—National Wear Red Day

Feb. 10—7:00 Zoom club meeting

Feb. 14—Valentine's Day

March 1—Miami University scholarship applications due to club

March 31—Governor's Club Award form due to Gov. Christine

HOPE HOUSE PROJECT

Ann delivered 12 Welcome Home Bathroom Baskets to Hope House for the women at the Women's Center. Kami Barnes, the volunteer coordinator, again expressed her appreciation to the Middletown Soroptimists for this wonderful program. The residents can earn one of the baskets as a reward for good behavior when they are ready to leave the center.

MEMBERSHIP DIRECTORY

Do any of you have any updates for our membership directory? If so, give them to Elaine or Gayle.

SCHOLARSHIP AND AWARDS

Do you know a woman attending college who could use some extra money for her schooling? Interested women can find writeable applications for our Miami scholarship on our website www.middletownsoroptimist.org. This is an easy way for them to get an application. Every year we struggle to find deserving applicants, so please share this information freely.

Beth reports that our Live Your Dream recipient has been selected. She'll report at our Zoom meeting.

NEW MEMBER

We'll have a "get to know you" article about our newest member in the next newsletter.

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MARCH 2022

MARCH



PRESIDENT GAYLE'S MESSAGE

March is here and I do see signs of Spring in my yard. I have green coming up and it feels good. Happy St. Patty's Day!! As we end February, the shortest month of the year, I feel that we accomplished a lot to be proud of, even though it has been a long year of Covid anxiety. We have our Dream Raffles underway, Our Bourbon Fundraiser Tickets will be ready to sell, and our Partnership Projects are good to go. We also have 2 Live Your Dream Awards, One Virginia Wagner Award, and currently 6 Miami Applications.

Partnership Project has been selected by the committee and the awards are:

Success Program) - \$1,500 earmarked for feminine hygiene and personal care products to give the program the greatest shopping flexibility based upon need.

MANY Program - \$1,500 toward their general services

Haven House - \$2,000 to provide over 100 nights of shelter and hot meals for families with children, plus any needed personal care items - Baby diapers (disposable) baby wipes, feminine hygiene, bath towels, wash cloths, twin size sheet sets and pillow cases.

Our LYD Winners are:

First Place:

Cheyenne Blaser

(27 years)

Mother of two small children pursuing her Bachelors degree in Social Work from NKU.

Also cares for her mother with health problems..

Cheyenne was selected from District to go to Region

Second Place:

Danyelle Thaxton:

(35 years)

A widow with one small child who is pursuing a degree in Nursing from

Galen College of Nursing.

Our VWA Winner is:

Karla Garcia Cardenas

We also have a wonderful Speaker for our March Meeting, Rosa Beltare, President and CEO, Ohio Alliance to End Sexual Violence. The meeting will be March 10, 7:00 Zoom. I am including her BIO as part of the newsletter. Please feel free to invite guests. We will begin promptly as I'm sure she will be quite inspirational.

Don't forget March 8. Women's Empowerment Tea as part of the International Day of the Woman

Call to Conference: April 22-23. Registration is due by March 31. Please think about this opportunity.

Dream Raffle:

1. Katheryn Steward
2. Ms Ghizas
3. Ginger Bruggeman
4. Jacob Cade
5. Phyllis Mills
6. Carolyn Dennis
7. Judy Parsons
8. Jeff Huck

Gayle

MARCH SPEAKER

Rosa Beltré (She, Her, Ella) BIO

Agent of Change/Grace/Empowerment/Transformation

Rosa Beltré, Afro-Taina-Latinx, is the President & CEO of the Ohio Alliance to End Sexual Violence. Rosa Beltré first joined OAESV as the Advocacy and Training Director in July 2013, before serving as OAESV's Interim Executive Director, and ultimately becoming Executive Director in June 2017.

Under Rosa's leadership, OAESV transitioned from its former shared office space to a standalone office in Independence, Ohio and improved its Columbus-based presence to provide conference and technology spaces and workspaces for eight full-time staff. OAESV has expanded from 3 employees to 17 under Rosa's leadership, greatly increasing service capacity, presence, organizational cultural and community relations. Rosa uses her passion, extensive background and

experience to develop and sustain relationships with leaders in the field, as well as key stakeholders within the state, national level, and federal government. She has spent the last 17+ years training, cultivating community relations, providing development to organizations and communities focused on fair housing, child abuse, sexual assault, volunteerism, financial literacy and church call to action. Rosa has served as the Co-chair of the State of Ohio Anti-Oppression and Accountability Committee and currently serves as the Co-Chair of the Women of Color Caucus of the State of Ohio, the Sexual Assault Advisory Board of Ohio, and the Ohio Family Violence Prevention Advisory Council, amongst other statewide taskforces.

Rosa is an ordained Minister of the Spanish Pentecostal Churches, Vice-President of International Women Ministry MDM, author, and the Regional Social Service Director of her Faith community.

Rosa is a Taino, Afro-Latinx, catalyst of change, who is action-driven womenx, passionate about power/gender-based violence, BIPOC empowerment, leadership, knowledge, enriching the lives of others, bridge building/ collaboration, accountability and provoking change.

Technical Assistance topics: Executive leadership, Board of Directors Development, Latinx Communities, Faith-based Communities, Cultural Humility, amongst others.

Leadership | Service | Dedication

Bilingual (English and Spanish) experienced professional with a successful career in Adult Education, Training & Facilitation, Sexual Assault Prevention & Intervention, Career Coaching, Banking, Retirement Plans, Community Relations & Affairs, as well as Translation-Interpretation. Highly motivated established leader proficient in exceeding goals and missions by providing excellent service with integrity, accountability and respect. Effective leader with the skills necessary to direct, supervise, train and motivate others to their fullest potential in any field. Successful team player devoted to excellence, helping others and building bridges of success.

HELP WANTED

Our church is looking for a secretary/bookkeeper. If you know anyone looking for a part-time job, here is the description. Let me know. Thanks! *Barb*

St. Paul's United Church of Christ is an Open and Affirming congregation located in downtown Middletown, Ohio, and is seeking a part-time secretary/bookkeeper to work three mornings, approximately 15 hours per week. Person must coordinate hours with Pastor and Church Council members.

Rate: \$15 per hour

Required: High School Diploma or equivalent, good computer skills (Word, Excel, financial program, desktop publishing), handle confidential information, highly organized, good people skills.

Preferred: Church secretarial experience

Primary: Duties include managing the church office, providing office support to Pastor and Council, answering the phone, greeting visitors, producing the weekly bulletin and monthly church newsletter, updating website, paying bills, maintaining supplies, and other duties as assigned.

MARCH INSPIRATION

Jennie

MARCH CLUB ANNIVERSARIES

2015 Magda Rinder

MARCH BIRTHDAYS

2 Beth Miller
7 Marti Kelley
11 Pam Linzie
13 Mary Maurer
13 Ingrid Standafer
16 Jennie Webb

CALENDAR

March is Women's History Month

March 1—Miami University Regional

Campus scholarship applications due to club

March 3—board meeting—7:00 Zoom

March 8—International Women's Day—Women's Empowerment Tea

March 10—club meeting—7:00 Zoom

March 31—deadline to register for

Spring Conference and make hotel reservations.

March 31—Governor's Club Award form

due to Gov. Christine

April 7—club meeting at the Farm—change of date

April 22-23—Spring Conference

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APRIL 2022

PRESIDENT GAYLE'S MESSAGE

April showers, bring May Flowers! Hope is in the air. A month of renewal, Easter signifies for many rebirth as does the presence of Spring. For us we will meet once again face to face. We will meet April 7th at Horsepower Farm for dinner and fellowship. It will be a working meeting because we will be reviewing and sharing old club records. It will also be a time to have social time. Maybe even a game!!

Our Bourbon Raffle is well underway. I have sent the information to the webmaster and Paypal will be available for ticket sales. Our first event at Cars and Coffee will be Saturday, April 2. Marti, Jo, and Betty have agreed to sell tickets. Feel free to use Facebook or Instagram to sell your tickets to friends and family. I will be taking tickets to Conference.

In May we have our awards dinner, an invitation has been sent to our Scholarship chairs to send to the winners and judges. It will be awesome to be able to celebrate the girls and women who so deservingly have been awarded these scholarships and awards.



Thank you to Deb Peters for creating a special work or art for our raffle entry at Spring Conference. We will have it at the April meeting to share with you.

Raffle Drawings for weeks 10-13 Lincoln Martz, Jackie Sweeny, and Barb Krummen.

Spring Conference is the end of the month, April 22-24. Barb, Betty and myself will be attending and bring back lots of good information to share.

The Nominating Committee (Ginger, Elaine, Betty) has been formed and they are working on a slate of officers for 2022-23.

Inspiration and raffle for April is Jo.

April 6, Happy Birthday to Magda.

There is no Board Meeting

See you soon! *Gayle*

SPRING CONFERENCE

We've been asked to bring items for RAHAB, a ministry that reaches out to prostituted women on the streets of Akron. RAHAB addressed human trafficking before trafficking became a recognized term. Those attending conference will be glad to take your donated items of full-size bottles of body wash, lotion, shampoo, conditioner, women's socks, or women's underwear. Bring anything you want to contribute to our April meeting. Thanks!

KROGER COMMUNITY REWARDS

Our club can earn money when we shop at Kroger. If you have a Kroger account, log in at <http://www.kroger.com> and search for Soroptimist International of Middletown or enter LD932 and click enroll. New users will need to create an account which requires some basic information, a valid e-mail address, and a rewards card. If you do not have a rewards card, you may get one at a Kroger customer service desk. Participants must swipe their registered Kroger rewards card when shopping for each purchase to count.

If you have not already designated a non-profit to receive your points, please consider listing Soroptimist International of Middletown. You do not need to be a club member to donate your points, so ask your family members and friends if they will choose our club as their beneficiary. Your choice will print at the bottom of your receipt

AWARD WINNERS

Our Live Your Dream Award, Virginia Wagner Award, and Miami University scholarship winners have been chosen. Our Live Your Dream and Virginia Wagner winners also were chosen first-place winners at the District level! Our winners will be invited to our May meeting so you can meet them and see how amazing they are. We'll get media consent forms signed and then send an article to The Journal News and include it in our newsletter.

RAFFLE TICKETS

Bring any money for bourbon raffle tickets that you have sold to our April meeting.

APRIL INSPIRATION & RAFFLE

Jo

APRIL CLUB ANNIVERSARIES

2015 Magda

APRIL BIRTHDAYS

6 Magda

CALENDAR

April 1—April Fool's Day

April 7—No board meeting

April 7—in-person meeting at the farm
6:00 **change of date**

April 17—Easter

April 18—tax filing deadline

April 22-24—Spring Conference in
Akron

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PRESIDENT GAYLE'S MESSAGE

Hello Friends,

May is such a great month. Flowers begin to bloom, and we finally feel like we can come out of our cold weather hibernation, the gateway to summer. We also celebrate Mothers on their special day. For us in the Cincinnati area, we also will celebrate The Flying Pig, and there is much more.

For us as a club this is a busy month as we begin to wind down 2021-22 and start to look forward to the coming year 2022-23. We will celebrate our awards winners on May 12 with a dinner for the first time in 2 years and we have many guests that will be with us. Our slate of officers will be presented and voted on and our work for next year's budget will begin.

A couple of us have just returned from Spring Conference on an upbeat note. I will share with you more in-depth information in June, but for now let's look at the big picture. There was an overall recurring theme of "Storytelling." Each of the presenters told their own story and then went on to help us to understand how important our own stories and the stories of our club



successes are to the 4 Pillars of Soroptimist (fundraising, membership, program, and public awareness) and how it helps to make connections to each other, potential members, the community, and our fundraising efforts.

Our club had some great takeaways. Besides having two of our award winners, Cheyenne Blaser LYD, and Karla Garcia Cardenas VWA, recognized at the region level, we accomplished the Celebrating Success Award for Fundraising. We also received the Outstanding Governor's Award. Each of us should be proud of these accomplishments and know that we did our best.

Beth, Betty, and myself each attended a different set of breakout sessions. We will report individually on what we took away.

Gayle: Leadership and Technology

Betty: Empowering Women's Health and Finance

Beth: Human Trafficking and Membership Retention

I have a quick overview for Leadership. We are all leaders in one way or another and we all have the characteristics to be leaders in our clubs and beyond. The critical piece that was presented and the group activity we did revolved around our listening skills. First, be an ACTIVE listener, then a good speaker. Next, delegate and follow up. Last, you don't always have to be a problem solver because as a compassionate listener situations can work themselves out. Be creative in recruiting Leaders.

Technology presented a couple new ways for clubs to facilitate new ways to help club communication and document sharing run smoother. More on this in June when I get the PowerPoint presentation.

May 5/5/2022 Board Meeting 7:00 p.m. Mt Pleasant Activities Meeting, Corner of Northwestern and Indiana. Budget work session

5/8/2022 Happy Mother's Day

5/12/2022 Awards Dinner/ General Meeting 6:00 Horsepower Farm

May is Mental Health Month: 1 in 5 people have/diagnosed with a mental disorder. 1 in 10 with substance abuse.

**"Always remember you are braver than you believe, stronger than you seem, and smarter than you think."
Christopher Robin**

Gayle

Slate of Officers 2022-23

We will vote on this slate at our May meeting.

President: Gayle Martz

VP: Beth Miller

Treasurer: Sue Willis

Recording Secretary: Elaine Garver

Corresponding Secretary: Deb Peters

2 yr Board: Jennie Webb

1 yr Board: Jo Ashworth

Recent Dream Raffle Winners:

Week 14 Diane Drennan

Week 15 Mary Maurer

Week 16 Kelley Spaulding

Week 17 Larry Fillnow

CALENDAR

May 5 7:00 p.m. Board Meeting

May 7 Sell tickets at Horsepower Farm

May 8 Happy Mother's Day

May 12 6:00 p.m. monthly meeting and awards night at Horsepower Farm

AWARD WINNERS

Our Live Your Dream Award, Virginia Wagner Award, and Miami University scholarship winners have been chosen. Our Live Your Dream and Virginia Wagner winners also were chosen first-place winners at the District level! Our winners will be invited to our May meeting so you can meet them and see how amazing they are. We'll get media consent forms signed and then send an article to The Journal News and include it in our newsletter.

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RAFFLE TICKETS

Bring any money for bourbon raffle tickets that you have sold to our May meeting.



MAY INSPIRATION

Jennie

MAY RAFFLE

Dee

MAY BIRTHDAYS

27 Barb



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JUNE 2022



PRESIDENT'S MESSAGE

June is here! Reflecting back on the year, we have had a very good year. Our Dream Raffle was once again successful, and we have had the awesome opportunity to have a second raffle which is our Bourbon Raffle, and it is still in progress.

Our Scholarship and Awards Night was an amazing evening of celebration for our recipients and their families. Our winners were such a wonderful group of young women with great futures ahead.

We have been able to meet on and off in person for a good part of the year and look forward to next year being all in person.

Because of our successful fundraising, we were able to connect with several

organizations and help them with some of their needs.

In April we were able to celebrate Mary's 101 birthday! What a celebration it was.

I would say we have reason to celebrate! We will celebrate in June with the installation of officers for 2022-23. We will also have our Budget recommendations ready for next year. I will be sending to you Serving Interests along with the Agenda, Minutes and Treasurer's Report. Please bring them with you to the meeting so we can get our committees formed and get working on next year soon. Think about doing something new, co-chair a committee with your bestie.

Please remember to rsvp as soon as possible so we can get our meal reservations in on time.

As we go into the summer months it is especially important to stay connected to each other. If you know someone is down, or ill connect with them. Let myself or Deb Peters (next year's corresponding secretary) know.

Don't forget to keep selling the Bourbon Tickets and bring you money and stubs to the June meeting. The drawing will be July 4th at Horsepower Farm.

Dream raffle winners for May:

Imogene Orts

Jenny Tadych

Marj Millenor

Krystiana Peterson

"Live, and be happy, and make others so." Mary Shelley

See you soon.

Gayle

DUES

Dues for 2022-2023 Club Year

Dues will remain at \$150 for regular members and for new members joining anytime between July 1 and December 31, 2022. Please bring your payment to the June 9th club meeting. For those members who will not be in attendance,

please mail your check to me for delivery no later than 6/15/22. For your convenience, my address is 6548 Liberty Ridge Drive, Liberty Township, OH 45011.

90% of the dues paid by regular members is divided between the Federation, Midwestern Region and our District. The percentage is higher for new members. As a club, we have benefitted with some of these dollars coming back to us in the form of scholarship awards for our applicants. Thanks for helping meet the 6/30/22 deadline for submitting our club dues.

Sue Willis

CALENDAR

June 2 7:00 Zoom Board Meeting

June 9 General Meeting
Horsepower Farm

June Raffle and Inspiration: Magda

JUNE BIRTHDAYS

23 Jo

24 Sue

27 Judy

JULY BIRTHDAYS

19 Ginger
27 Elaine
29 Ann

AUGUST BIRTHDAYS

None

JUNE CLUB ANNIVERSARIES

Gayle 2015
Mary 1958

JULY CLUB ANNIVERSARIES

Ginger 1997
Elaine 2012
Pam 2010 (second time)
Ann 1993

SLATE OF OFFICERS

The following officers will be installed in June:

President: Gayle Martz
Vice-President: Beth Miller
Treasurer: Sue Willis
Recording Secretary: Elaine Garver
Corresponding Secretary: Deb Peters
2-year board member: Jennie Webb
1-year board member: Jo Ashworth

GREAT NEWS

Here is a feel-good story to bring the good work we do a little closer to home. Our Midwestern Region Live Your Dream awardee advanced to the Federation level judging and was chosen as one of three finalists. Midwestern Region is so proud! That means she was awarded \$3000 from the Grosse Pointe, MI club, \$5000 at the Region level, and \$10,000 at the international level. Nealmetria Loper lives in Detroit, is the single mother of four children, and works 35 hours a week.

Her ultimate career goal is to become a certified Social Worker. She is an abuse survivor and wants to help women and children who are suffering through traumas. She is completing her GED and then will continue working on her Associates degree through the Michigan Reconnect Program. Then she plans to begin classes at Henry Ford Community College in January to become a certified Community Health Worker. She currently works as a Family Health Advocate. She founded an LLC called "An A.N.G.E.L.is here." ANGEL stands for Advocating, Nurturing, Guiding & Empowering Lives. She organizes donation drives for mother in need (laundry detergent, books, spa kits, basic hygiene, back-to-school backpacks).

She attended Spring Conference and spoke at the Awards Luncheon and had everyone in tears.

Soroptimist is really helping her to Live Her Dream!

COMMUNITY REWARDS PROGRAM

Kroger and Gordon Food Services both offer a Community Rewards Program for non-profits. .Maybe other stores do, too. If a member signs up and names an organization, that organization receives a donation after each purchase. It's not a large amount, but every little bit helps, and we need to think of some ways to increase our operating budget.

Visit <http://www.kroger.com> . Once logged in to your account, search for Soroptimist International of Middletown, OH by name or click LD932 and then click Enroll.

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Facebook: Soroptimist International of Middletown & the Cin-Day Corridor





End of Summer/September News

As I sit looking out my window this morning I am seeing the school buses as one by one they are picking up children for the start of the school year. The end of summer is here and preparation for our Soroptimist 2022-23 year has begun.

I hope that everyone has had a restful, fun, and productive summer. I know I have enjoyed my time as well as been busy putting things in motion to start our year off right. It is wonderful to know that we will be meeting in person. There is a lot to share with you even before we meet as a club. The board has met as well as our Ways and Means chairs and there is much to tell.

The board met and I want to share with you some new approaches we have to our meeting.

*We will continue to have dinner meetings and they will be catered.

*Dessert will be included so there will be no need to have our members supply monthly desserts.

*When you R.S.V.P. for the meeting each month you will have the option to respond Dinner and Meeting or Meeting only. We will continue to have social time at 6:00 and dinner at 6:30. You do not need to have dinner to join us for social time or sit with us at dinner and enjoy each other's company.

*Meeting programs are set for September thru December.

*The Audit was done, and no corrections or suggestions were needed.

*A couple of fundraising options were discussed:

Continue Dream Raffle

Bourbon Demo/seminar for an in-person event

HundredX- Much more to come on this

Possibility of a Spring Event

*Discussed doing Member Spotlights each month since we have 2 new members, Deb and June. It is a great way to get our stories out.

The Live Your Dream portal is open. Please spread the information to any women or girls you feel would be candidates. The Portal closes November 15.

Betty and I attended the Virtual SIA Convention which was held in Japan this July. It was a learning opportunity for me as I was a delegate and learned so much about the formality of the procedures and the voting. We also had the opportunity to hear Malala Yousafzai as the Key Note Speaker. Malala is a Pakistani activist for female education and the 2014 Nobel Peace Prize laureate awarded when she was 17. She is the world's youngest Nobel Prize laureate. She was delightful, personable, and insightful. Her focus on women's rights, especially in education, is aligned and supports our Soroptimist Big Goal Program of educating ½ a million women and girls around the world.

Our first meeting is approaching fast. It will be September 8. It will be a working meeting which is a great opportunity to get our committees up and running. The focus will be on Ways and Means, Membership, and Programs going forward.

Can't wait! See you all in September.

Gayle

Meeting Dates 2022-23

<u>Date</u>	<u>Program</u>	<u>Raffle</u>	<u>Inspiration</u>
Sept 8	Working Committees	Diane	Diane
Oct 13	Women's Health Karen Kier - Speaker	Deb	Deb
Nov 10	Holiday Card Workshop Jo Ashworth	Beth	Beth
Dec 8	Holiday Event Willis Home	Sue	Sue
Jan 12	TBD	Gayle	Gayle
Feb 9	TBD	Betty	
Mar 9	TBD	Mary	Mary
April 11	TBD	Jo	Jo
May 11	Awards?		
June 6	TBD		

August / September Birthdays:

None

SEPTEMBER CLUB ANNIVERSARIES

Barb 1988

Jo 1988

Judy 1988

Betty 2001 transferred from Cincy club

Midwestern Region 2022-23 Calendar

July 22-23 SIA Convention, Virtual

August 1 Live Your Dream Award Online Portal Opens

October 14-15 District I & III Meeting at Hilton Garden Inn, Benton Harbor, MI

October 28-29 District II & IV Meeting at Courtyard by Marriott, Springfield, OH

November 15 Form 990 due to IRS

November 15 Live Your Dream Applications Due to Clubs

(Application deadline for club level awards)

December 2 International Day for the Abolition of Slavery

December 10 Human Rights Day – President’s Appeal

2023

January 6-8 MWR Board Meeting – TBD

January 11 National Day of Human Trafficking Awareness in the US

January 15 Virginia Wagner Award Applications due to Clubs

(Application deadline for club level awards)

February 1 Live Your Dream Award District-level judging deadline

Club Live Your Dream Report due to District Director

February 15 Live Your Dream Award Region-level judging deadline

Region LYD Winner info due to both SIA and Treasurer Linda Alpers by Region Chair

February 15 Virginia Wagner Club Award winners due to District Director

March 1 Soroptimist Club Grant applications due at SI HQ

March 8 International Women’s Day

March 8 Virginia Wagner District Winners due to Region Chair

March 15 Award Report due from District Directors to Governor-Elect Audrey Jarvey

March 15 Live Your Dream Award Federation-level judging deadline.

March 31 Region Virginia Wagner Award Winners names to Region Treasurer Linda Alpers by Region Chair

March 31 Club Activity Report due to Governor Christine Fowler-Shearer

March 31 Outstanding Soroptimist Form due to Region Secretary Sheila Zingler-Gilbert

April 20 - 21 MWR Board Meeting Kensington Hotel, Ann Arbor, MI

April 21 - 23 2023 MWR Spring Conference Kensington Hotel, Ann Arbor, MI

May 31 Club Giving and Founders Pennies contributions to SIA for 2022 recognition

June 1 Dream It, Be It Online Club Reporting due to SIA

June 23-25 MWR Board Meeting

July 1 Club Celebrating Success forms due to Missie Austin

July 27-29 SI Convention, Dublin, Ireland

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OCTOBER 2022



PRESIDENT GAYLE'S MESSAGE

October is here already. It was so wonderful to see everyone at our September Meeting. Thank you to Deb for facilitating our work effort. Many good ideas have come out of your efforts. Fundraising, Program, and Membership committees are working to make your ideas work.

Our Fundraising team has been very busy and will be bringing to you an event too good to be true. Hold on for the big reveal!!

Three of us will be attending the District meeting at the end of October. Although you are not able to attend, you can still help out and be a part by donating items for us to take. These donations will benefit Project Women of Springfield.

Items Needed: Woman's underwear S-XL (M most used), adult socks, Toiletries: towels, washcloths, combs/brushes, and deodorant. Games: playing cards, card games, coloring books.

If you would like to donate please bring it to our October meeting.

October not only brings the fun of Halloween but on a more serious note it is Breast Cancer Awareness month. A good time to think about getting that Mammogram.

Remember the deadline for Live Your Dream is November 15. If you know someone that is in need and qualifies, please direct them to our web page middletownsoroptimist.org, so they may apply.

Once again I want to thank Elaine for our Directory. I have put it to good use already!

Remember that our Program speaker for October will be Zoom. Karen Kier will be addressing Women's Health.

Gayle

TRAFFICKING NEWS



HUMAN TRAFFICKING IN WHEELING (Part 1): Hidden in Plain Sight...

Writer's note: A few months back, I participated in Reality at a Glance (RAAG), a program sponsored by the YWCA. A... More

The above wheel is a good tool to help understand the basic aspects of human slavery. If any members would like to join our group and distribute wanted posters or Stop signs, please let me know. We would love to expand our efforts. Let's bring these kids home!

Jennie

WAYS & MEANS

Your committee has met—once in person and twice on Zoom. We are excited about planning our projects for the ensuing year. A lot of good suggestions were presented at our September general meeting, and we are doing due diligence in reviewing the suggestions.

It will help us to hear from other committees with suggestions about what you would like to do this year that may require funds from the budget. After you meet, please let us know how we may help. Call Marti or Sue to share your ideas or plans.

Have a wonderful fall.

Marti

October Birthdays:

None

Meeting Dates 2022-23

<u>Date</u>	<u>Program</u>	<u>Raffle</u>	<u>Inspiration</u>
Oct 13	Women's Health Karen Kier - Speaker	Deb	Deb
Nov 10	Holiday Card Workshop Jo Ashworth	Beth	Beth
Dec 8	Holiday Event Willis Home	Sue	Sue
Jan 12	TBD	Gayle	Gayle
Feb 9	TBD	Betty	
Mar 9	TBD	Mary	Mary
April 11	TBD	Jo	Jo
May 11	Awards?		
June 6	TBD		

Midwestern Region 2022-23 Calendar

August 1 Live Your Dream Award Online Portal Opens

October 14-15 District I & III Meeting at Hilton Garden Inn, Benton Harbor, MI

October 28-29 District II & IV Meeting at Courtyard by Marriott, Springfield, OH

November 15 Form 990 due to IRS

November 15 Live Your Dream Applications Due to Clubs

(Application deadline for club level awards)

December 2 International Day for the Abolition of Slavery

December 10 Human Rights Day – President's Appeal

2023

January 6-8 MWR Board Meeting – TBD

January 11 National Day of Human Trafficking Awareness in the US

January 15 Virginia Wagner Award Applications due to Clubs

(Application deadline for club level awards)

February 1 Live Your Dream Award District-level judging deadline

Club Live Your Dream Report due to District Director

February 15 Live Your Dream Award Region-level judging deadline

Region LYD Winner info due to both SIA and Treasurer Linda Alpers by Region
Chair

February 15 Virginia Wagner Club Award winners due to District Director

March 1 Soroptimist Club Grant applications due at SI HQ

March 8 International Women's Day

March 8 Virginia Wagner District Winners due to Region Chair

March 15 Award Report due from District Directors to Governor-Elect Audrey Jarvey

March 15 Live Your Dream Award Federation-level judging deadline.

March 31 Region Virginia Wagner Award Winners names to Region Treasurer Linda Alpers by Region Chair

March 31 Club Activity Report due to Governor Christine Fowler-Shearer

March 31 Outstanding Soroptimist Form due to Region Secretary Sheila Zingler-Gilbert

April 20 - 21 MWR Board Meeting Kensington Hotel, Ann Arbor, MI

April 21 - 23 2023 MWR Spring Conference Kensington Hotel, Ann Arbor, MI

May 31 Club Giving and Founders Pennies contributions to SIA for 2022 recognition

June 1 Dream It, Be It Online Club Reporting due to SIA

June 23-25 MWR Board Meeting

July 1 Club Celebrating Success forms due to Missie Austin

July 27-29 SI Convention, Dublin, Ireland



*October is ...
Breast Cancer
Awareness Month*

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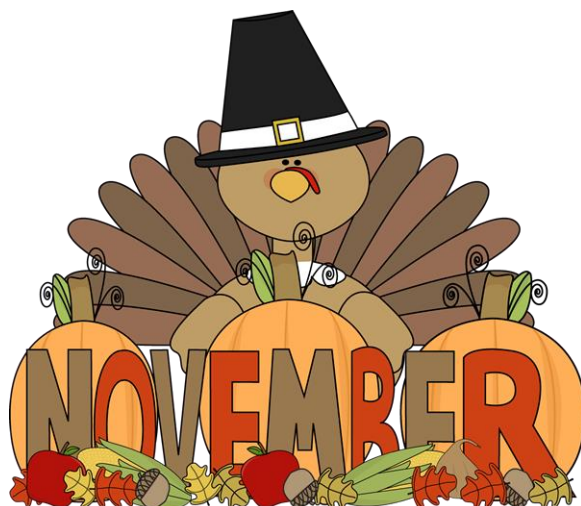


SOROPTIMIST

Best for Women

SOROPTINEWS—SI MIDDLETOWN

NOVEMBER 2022



PRESIDENT GAYLE'S MESSAGE

When I think of November, I think of it as being a month of thanks and the beginning of a wonderful time of the year. It is the prelude to our winter holidays, shopping, sharing meals and spending time with family and friends but most important a time to give thanks!

We have so much to be thankful for this year since we have been able to meet as a club and have shared wonderful meals and fellowship. We can also be thankful for the new members we have brought into the club, Deb Peters and June Lydon. We can be thankful for all the wonderful ideas our membership has given our committees so we can continue to plan for an awesome year.

Share one thing you are thankful for with a friend. I'm thankful for my family and friends!

Take time for yourself to be thankful and in turn be happier. I have come across some ways you can express your thanks and gratitude and I thought this would be perfect for sharing.

Gratitude has been shown to increase happiness and thankfulness in those who practice it. Rather than just focusing on it during this time of year, consider incorporating it into your daily life.

From a Harvard Medical School article, here are some ways to cultivate gratitude on a regular basis.

Write a thank-you note. You can make yourself happier and nurture your relationship with another person by writing a thank-you letter expressing your enjoyment and appreciation of that person's impact on your life. Send it, or better yet, deliver and read it in person if possible. Make a habit of sending at least one gratitude letter a month. Once in a while, write one to yourself.

Thank someone mentally. No time to write? It may help just to think about someone who has done something nice for you, and mentally thank the individual.

Keep a gratitude journal. Make it a habit to write down or share with a loved one thoughts about the gifts you've received each day.

Count your blessings. Pick a time every week to sit down and write about your blessings — reflecting on what went right or what you are grateful for. Sometimes it helps to pick a number — such as three to five things — that you will identify each week. As you write, be specific and think about the sensations you felt when something good happened to you.

Pray. People who are religious can use prayer to cultivate gratitude.

Meditate. Mindfulness meditation involves focusing on the present moment without judgment. Although people often focus on a word or phrase (such as "peace"), it is also possible to focus on what you're grateful for (the warmth of the sun, a pleasant sound, etc.).

Please remember that our November meeting will be led by Jo and we will be putting together holiday cards. Please bring double faced tape for your project.

Just wanted to add that Barb, Sue, and myself attended the District meeting in Springfield. We were so excited to be able to attend a showing of Mirror Mirror, a special exhibit of women's art curated by our Governor, Christine Fowler Shearing. It was an awesome exhibit!



Meeting Dates 2022-23

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June 1 Dream It, Be It Online Club Reporting due to SIA

June 23-25 MWR Board Meeting

July 1 Club Celebrating Success forms due to Missie Austin

July 27-29 SI Convention, Dublin, Ireland

Ways & Means Committee Report

Still in the planning stages, we can report that we have forwarded all the required documents to HundredX for our February project. If you all approve the 30-day project that does not require any financial investment from us or you individually, our project will begin on February 6th and end on March 7th.

So that you will get all the information needed to make you comfortable with this project, you will be invited to a Zoom meeting. We are going to present it this way rather than take up most of our general meeting time. We will show you a presentation of the goal we will be setting, the number of resources we will need to meet that goal, and how HundredX will interact with us on advertising by providing marketing tools and resources to invite others to participate.

We do not have a date set for this meeting; so know it will be coming in the not too distant future.

Marti & Sue

SCHOLARSHIP AND AWARDS

Do you know a woman attending college or technical school who could use some extra money for her schooling? Interested women can find writeable applications on our website www.middletownsoroptimist.org. This is an easy way for them to get an application. Every year we struggle to find deserving applicants, so please share this information freely. We have only received two Live Your Dream applications so far, and the deadline is November 15th.

SOROPTIMIST PLEDGE HISTORY

The Pledge was written in 1927 by Candis Nelson, a charter member of the Seattle, WA club. At the 1930 Convention in Philadelphia, President Ruby Lee Minar requested the submission of the Pledge to be voted on at the convention. While in Philadelphia the delegates chose to defer making the decision for another six months so that each club could receive copies of the proposed creeds and then make an informed decision. Six months later the American Federation of Soroptimist Clubs chose as its creed a pledge that simply stated the ideals of the organization.

NOVEMBER BIRTHDAYS

14 Gayle
20 Diane

CLUB ANNIVERSARIES

1978 Ingrid

NOVEMBER RAFFLE

Beth

NOVEMBER INSPIRATION

Beth

CALENDAR

November 3 1-:00 a.m. Zoom Board Meeting

November 6 Daylight Savings Time ends

November 8 Election Day

November 10 Holiday card workshop at meeting. Bring double-sided tape

November 11 Veterans Day

November 15 Form 990 due to IRS

November 15 Live Your Dream Applications Due to Clubs

November 24 Thanksgiving

December 10 Human Rights Day – President's Appeal

April 21-23 Spring Conference in Ann Arbor, MI

July 27-29 SI Convention in Dublin, Ireland

CONTACT US

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Instagram: Soroptimist Middletown





SOROPTINEWS—SI MIDDLETOWN

DECEMBER 2022



PRESIDENT GAYLE'S MESSAGE

Merry Christmas, Happy New Year, Happy Holidays!

This past year has gone by like no other. Now, the joyful holiday season is fast approaching. It is time to find the right gifts and words for our friends and loved ones. Christmas is more than a season; it's a feeling and a state of mind. For most of us, it is the most wonderful time of the year, the beauty lies in our hearts. However, for some, it is a difficult time of the year. Remember if you know someone who is struggling this year, reach out with a call, a text, or maybe a visit.

Looking forward to celebrating the season Dec 8th at the Willis' Home. We will have a wonderful meal prepared by Chef Rick and a Blind auction with proceeds going towards our operating fund. Please remember to invite a partner, friend, or relative.

There will not be a board meeting in December.

We will be having a ZOOM session in January for the general membership to introduce our Fundraiser, HundredX. I will offer 2 sessions in hopes that we can get all members up to speed. There will be a daytime session and an evening session. More information to come.

Gayle

Holiday Party at the Willis Home

Rick and I are excited to invite the members and their guests to our annual December meeting and party on Thursday, December 8th, 6 pm, at our home - 6548 Liberty Ridge Dr. in Liberty Township! The last several years have presented challenges that have postponed or cancelled this holiday gathering. We are looking forward to hosting this long running tradition on our regularly scheduled date.

Wear your favorite holiday apparel. A full course Christmas dinner, preceded by drinks and appetizers will be provided at \$20 per person. As usual, Rick cannot tell me the menu he is planning. If I waited until he knew to announce it, I would have to publish it in the January newsletter

We will have a blind auction this year. Please come ready to bid high and often on our holiday auction items. Our auction is the perfect opportunity to do some Christmas shopping for family and friends. Thanks in advance for your generous support.

Wishing everyone a great start to the holiday season!

Sue & Rick

Celebration

Ginger will not join us for our Holiday Gathering as she is being honored that evening at the Kingswell Gala and Award Night. Ginger is receiving the Impact Award for Best Woman, an award for exemplary achievement efforts that provide a positive impact in Middletown. **Congratulations, Ginger!**

TOYS FOR TOTS

Sue is excited to announce their annual Toys for Tots event this Saturday from 8-5 at Horse Power Farm. There will be raffle baskets and craft vendors. Member Deb will have a craft booth

For some reason I can't attach the poster, so I'll send it in a separate email. Sue said they have been approved as a Star Wars sanctioned event at which official Star Wars movie characters will be in attendance. It will be an awesome meet and greet and photo op! Let anyone you know who is a Star Wars fan about this rare opportunity.

There will also be Jeeps all decorated for Christmas as part of the Coffee and Cars morning. There is no admission charge, but feel free to bring a toy if you want.

Let me know if you have any questions.

Thanks!
Sue

CALENDAR

December 8 6:00 p.m.
meeting/Christmas Party at Sue's

December 10 Human Rights Day –
President's Appeal

January 15 deadline for Virginia
Wagner Award

March 1 deadline for Miami University
Scholarship

April 21-23 Spring Conference at The
Kensington Hotel in Ann Arbor, MI

MEETING DATE 2023

	Raffle	Inspiration
Jan 12	Gayle	TBD Gayle
Feb 9	Betty	TBD
Mar 9	Mary	TBD Mary
April 11	Jo	TBD Jo
May 11		Awards?
June 6		TBD

DECEMBER BIRTHDAYS

28 Dee

CLUB ANNIVERSARIES

2017 Marti
1998 Dee
1998 Beth
2018 Jennie

DECEMBER RAFFLE

Sue

DECEMBER INSPIRATION

Sue

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